

Amy Beth Cheney

Navigate Your Career with Confidence

For professionals facing difficult managers, workplace challenges, or career transitions.

Career Challenges

Sometimes the hardest part of your career isn't the work. It's navigating the people, expectations, and uncertainty around you.

Whether you're dealing with a difficult manager, questioning your confidence, trying to move into a new role, or wondering what's next, you don't have to figure it out alone.

I help professionals communicate with confidence, navigate complex workplace dynamics, and make thoughtful career decisions.

How I Can Help

- Navigating difficult managers and workplace dynamics
- Building confidence after challenging feedback
- Executive presence and communication
- Internal influence and visibility
- Career strategy and transitions
- Preparing for difficult conversations
- Negotiating promotions and compensation
- Clarifying what's next

About Amy Beth Cheney



Amy Beth Cheney brings 25 years of sales and leadership experience, including executive roles at Bloomberg and Dataminr. Throughout her career, she coached and mentored professionals at every stage of their careers, helping them navigate workplace challenges, grow as leaders, and advance into new opportunities.

Today, Amy combines her executive leadership experience with professional coaching to help individuals strengthen their communication, navigate complex workplace dynamics, and make strategic career decisions. She is also a Visiting Lecturer at Cornell University's Johnson School of Management and Cornell Tech, where teaches a class in Personal Selling, and she leads workshops that help graduate students communicate their value, tell their career story, and navigate interviews with confidence.

Amy holds an MBA from Cornell University and is a Certified Professional Coach (iPEC). She lives in New York City with her husband and two kids.